

October 9, 2024 Meeting Minutes 3:30-4:30pm

Zoom - <u>https://us06web.zoom.us/j/89210306992?pwd=M0jRjNOcmhXiGLp7ktLhyKtAykqkxc.1</u>

Meeting ID: 892 1030 6992

Password: 893979

TIME	ТОРІС	DISCUSSION	OWNER
3:30pm	SETTLE IN & INTRODUCTIONS		Lauren Reed
	ATTENDANCE	Dave Freedman, Linda Solem, Sharon Vreeland, Dave McGreaham, Brad Neuder, Lisa Schut, Christina Eickenroth, Dr. Melea Belton, Melissa DeMarse, Lyn Conlon, Corey Winfield, Jodie Balhorn, Jenn Holm, Lauren Reed (coordinator)	
3:35pm	Adverse Childhood Experiences (ACES)	 Sharon Vreeland, with the 45th Parallel Resilience Network, will educate us on Adverse Childhood Experiences Experiences can strengthen or erode the protection of one's DNA, and brain activity builds capacity. The type of maltreatment predicts the effects, such as age. If something impacts the undeveloped cells, it impacts its growth. Capacity for attachment & joy connects to the maternal response. How do individuals self-regulate? What's predictable is preventable. Factors influence what is predictable that can make it preventable. Common adverse childhood experiences are substance abuse, separation, divorce, emotional and physical abuse. 	Sharon Vreeland

		 They are common and they cluster in the determination of ACEs score. Many ACEs connect to smoking, COPD, heavy drinking, effects relationship, illicit drug use, and other health problems. A good population study, not a personal diagnostic tool. Link to evaluation: <u>https://bit.ly/ACES-HTH</u> Link to interest in further training: <u>https://bit.ly/TCACETRAINING</u> Contact Lauren Reed at <u>gtcdrugfreecoalition@gmail.com</u> for a copy of the presentation slides. 	
4:20pm	ANNOUNCEMENTS/ GENERAL UPDATES	 Coalition Name Change Update Our new coalition name will be the Grand Traverse Addiction and Recovery Council (GT ARC)! We are working with PB&J Marketing to develop a new logo to go along with the name change. Once the logo is finalized, we will begin officially rebranding. 	Lauren Reed
		 October is Youth Substance Use Prevention Month & Substance Misuse Prevention Month The coalition will be requesting a proclamation from the commissioners at the October 16 Grand Traverse County Commissioners meeting. Meeting info: Wednesday, October 16 at 9am at the Governmental Center (400 Boardman Ave, TC) on the 2nd Floor in the Commission Chamber. All coalition members are welcome and encouraged to attend, if able. 	Lauren Reed
		 Key Informant Interview Up North Prevention is conducting key informant interviews to collect data on what community members view as the top issues in their community, to help set prevention priorities. 	Lauren Reed

We would love your feedback:	
https://www.surveymonkey.com/r/2DBF8F9	
 Opioid Settlement Funds A study session on this topic is in the process of being scheduled. 	Dave McGreaham
 Quick Response Team Brad Neuder is the new Police Social Worker at the Traverse City Police Department. He will be covering Jenn Holm's maternity leave. His email address is: bneuder@traversecitymi.gov 	Brad Neuder
 Stories of Recovery: Message of Hope Part IV 217 Recovery will be holding part IV Recovery Stories on October 17 at the Grand Traverse Event Center (TC Comedy Club – 738 S Garfield Ave, TC) Doors open at 5pm, speakers start at 6pm Free admission Free food 	Corey Winfield
Overdose Prevention Engagement Network (OPEN) Upcoming events: <u>https://michigan-open.org/events/</u> 	Melissa DeMarse
 Red Ribbon Week Red Ribbon Week is Oct 23rd through October 31st Up North Prevention will have info and resource tables at the Traverse Area District Library during the week and Kingsley High School for a lunch period. 	Linda Solem
 National Prescription Drug Take Back Day National Prescription Drug Take Back Day will be on October 26th Up North Prevention will have a resource table with law enforcement at the Grand Traverse Mall parking lot. 	Linda Solem
 Arrive Alive Tour The Arrive Alive Tour will be visiting Traverse City Central High School October 21st and Kingsley High School October 22nd. 	Linda Solem

		 Up North Prevention will have a representative there for each event. 	
4:30pm	ADJOURNMENT	Next meetings: November 13, January 8, February 12 **THE COALITION DOES <u>NOT</u> MEET IN DECEMBER**	