



Grand Traverse County
Drug Free Coalition

October 9, 2024 Meeting Minutes
3:30-4:30pm

Zoom - <https://us06web.zoom.us/j/89210306992?pwd=M0jRjNOcmhXiGLp7ktLhyKtAykqkxc.1>

Meeting ID: 892 1030 6992

Password: 893979

TIME	TOPIC	DISCUSSION	OWNER
3:30pm	SETTLE IN & INTRODUCTIONS		Lauren Reed
	ATTENDANCE	Dave Freedman, Linda Solem, Sharon Vreeland, Dave McGreaham, Brad Neuder, Lisa Schut, Christina Eickenroth, Dr. Melea Belton, Melissa DeMarse, Lyn Conlon, Corey Winfield, Jodie Balhorn, Jenn Holm, Lauren Reed (coordinator)	
3:35pm	Adverse Childhood Experiences (ACES)	<p>Sharon Vreeland, with the 45th Parallel Resilience Network, will educate us on Adverse Childhood Experiences</p> <ul style="list-style-type: none">Experiences can strengthen or erode the protection of one's DNA, and brain activity builds capacity.The type of maltreatment predicts the effects, such as age. If something impacts the undeveloped cells, it impacts its growth. Capacity for attachment & joy connects to the maternal response.How do individuals self-regulate? What's predictable is preventable. Factors influence what is predictable that can make it preventable.Common adverse childhood experiences are substance abuse, separation, divorce, emotional and physical abuse.	Sharon Vreeland

		<ul style="list-style-type: none"> We would love your feedback: https://www.surveymonkey.com/r/2DBF8F9 <p>Opioid Settlement Funds</p> <ul style="list-style-type: none"> A study session on this topic is in the process of being scheduled. <p>Quick Response Team</p> <ul style="list-style-type: none"> Brad Neuder is the new Police Social Worker at the Traverse City Police Department. He will be covering Jenn Holm’s maternity leave. His email address is: bneuder@traverscitymi.gov <p>Stories of Recovery: Message of Hope Part IV</p> <ul style="list-style-type: none"> 217 Recovery will be holding part IV Recovery Stories on October 17 at the Grand Traverse Event Center (TC Comedy Club – 738 S Garfield Ave, TC) Doors open at 5pm, speakers start at 6pm Free admission Free food <p>Overdose Prevention Engagement Network (OPEN)</p> <ul style="list-style-type: none"> Upcoming events: https://michigan-open.org/events/ <p>Red Ribbon Week</p> <ul style="list-style-type: none"> Red Ribbon Week is Oct 23rd through October 31st Up North Prevention will have info and resource tables at the Traverse Area District Library during the week and Kingsley High School for a lunch period. <p>National Prescription Drug Take Back Day</p> <ul style="list-style-type: none"> National Prescription Drug Take Back Day will be on October 26th Up North Prevention will have a resource table with law enforcement at the Grand Traverse Mall parking lot. <p>Arrive Alive Tour</p> <ul style="list-style-type: none"> The Arrive Alive Tour will be visiting Traverse City Central High School October 21st and Kingsley High School October 22nd. 	<p>Dave McGreaham</p> <p>Brad Neuder</p> <p>Corey Winfield</p> <p>Melissa DeMarse</p> <p>Linda Solem</p> <p>Linda Solem</p> <p>Linda Solem</p>
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4:30pm	ADJOURNMENT	<i>Next meetings: November 13, January 8, February 12</i> **THE COALITION DOES <u>NOT</u> MEET IN DECEMBER**	